

| | | | | | |
|--|---|-------------------|-------------------------|-------|---------------------------|
| Course Title | ChaSamba Fitness | | | | |
| Course Description | <p>Chasamba Fitness is a partner-free, Dance Fitness class using popular Ballroom and Latin American dances.</p> <p>This class is for any fitness level, coordination(!) or ability, welcoming everyone from the experienced dancer to the absolute beginner, with easy-to-follow routines and step by step instructions.</p> | | | | |
| Start Date | 25 th Sep 2025 | Day & Time | Thursday 20:00-21:00 | Venue | Cambourne Village College |
| Tutor Details | Chrissie Moore | | | | |
| No. of wks | 10 | Terms | | 3 | |
| Fee | | Concessionary Fee | | | |
| Course Level: | Mixed ability | | | X | |
| | Level 1, Level 2 (equiv. to GCSE / NVQ2) | | | | |
| | Level 3 Equivalent GCE A Level | | | | |
| Skills or qualifications needed for entry into the class | | | None | | |
| Course aims & objectives | | | | | |
| <p>To work out and improve fitness levels whilst learning new ballroom & Latin inspired dance moves.</p> <p>Providing a safe, environment for dancing, giving you a full body work out, in a social and fun atmosphere, where you can exercise at your own pace, with style.</p> <p>Steps covered will include: Cha- Cha- Cha, Waltz, Rumba, Quickstep, Samba, Foxtrot, Salsa, Foxtrot, Jive and Tango.</p> <p>With each move driven by music, you will feel challenges whilst full body toning and having fun</p> | | | | | |
| Progression – after this course what might you do next? | | | | | |
| Students may wish to continue with ChaSamba and enrol the next terms course | | | | | |

| How progress & success will be recorded | |
|---|--|
| Tutor will observe learners individually and give individual feedback as well as feedback to the group. | |
| Additional course costs (e.g. visits, materials, books, equipment) | |
| None | |
| Materials/equipment required for first class | <p>Water bottle, comfortable shoes and clothing that you can freely move in.</p> <p>Trainers (not too grippy or heavy) or other suitable footwear to exercise in (no heeled shoes)</p> |
| Contact for further information | <p>Community Education: 01223 264721</p> <p>commed@combertonvc.org</p> |

Enrolment and payment

Enrolments in person, for all our courses, can take place from our office based at Comberton Village College. Please note, the quickest way to enrol onto a class will be to visit our website and follow the online booking links from there. Enquiries can also be made by emailing commed@combertonvc.org or calling our office on 01223 264721.

We are a cashless school. We accept card and cheque payments (made payable to The Cam Academy Trust), from our office based in Comberton Village College.

Online enrolments can be paid directly in GBP (Sterling) via a secure server over the internet by debit or credit card. Online enrolment will ask for additional information that will enable us to register you, on your chosen course and allocate your payment accordingly.

Your debit/card details will be encrypted via a payment processing company Stripe, payment information is not held on college servers. If you are paying online for a course, you will also be asked for contact information to be provided. This information will be held by the college, so we are able to contact you if required.

For further information on Stripe and its privacy policy
<https://stripe.com/gb/privacy>

For further information on how we use your data
<https://www.gov.uk/government/publications/privacy-information-key-stage-4-and-5-and-adult-education>

Secure payment links for courses, can also be sent out via emails or text messages. This process would involve you being notified in advance, of a secure link due to be sent shortly afterwards. If required card payments, in person, can also be taken at the beginning of each term, via a portable payment system.

Refunds

If you choose to withdraw your booking, at least 2 weeks before the start date of a course, a refund will be given, minus a £5 administrative charge. Refunds are only available in the event of course cancellation or early closure from the college.

Classes cancelled by the college due to unforeseen circumstances, will be replaced with an extra class at the end of the course, whenever possible. For comprehensive details, please refer to our fees and refund policy which can be found on our website.

Concessionary Fees

A 25% discount is available for those in receipt of JSA/ESA, Universal Credit, Carers Allowance or a social care assessment (EHCP/PIP), evidence must be provided on enrolment. Most of our courses display two fees, the concessionary fee is the lower amount advertised. It is also possible to pay the fees for a course by instalments, please contact us directly for details.

Equalities statement

We are fully committed to equality of opportunity and welcome enrolments from all adults aged 19+ (on 31 August 2025). We positively encourage all learners with any concerns about specific needs which might affect their learning to discuss their requirements with us in confidence. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect. We will do our best to ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all learners can access activities.

Cambridgeshire County Council, Adult Learning and Skills service supports a wide range of other adult learning opportunities across Cambridgeshire to support adults with the lowest level of qualifications or no qualification at all, and so typically find themselves in lower paid, less secure jobs or unemployed. Search their website **www.cambsals.co.uk** for details of all their funded courses.

Safeguarding Statement

Arrangements have been made to make sure that you are safe at our Centres. If you feel you are not safe for any reason, for example through verbal or physical abuse or you have been discriminated against, please tell your tutor or the Centre Manager, who will investigate to ensure your safety.

Calendar (Please check start date of specific courses)

Autumn Term Half term 27th Oct – 31st Oct 2025

Spring Term Half term 16th Feb – 20th Feb 2026

Summer Term Half term 25th May – 29th May 2026