



CAM ACADEMY TRUST COURSE INFORMATION

Course Title			Vegetarian Indian Delights		
Course Description	<p>For those who love Indian food and want to learn to cook vegetarian dishes with its distinct blend of herbs, spices and lentils. We will prepare a set menu of five popular dishes, to take home to share with family, friends or to freeze.</p> <p>Vegetarian Indian food is delicious, healthy and economical. After a step-by-step demonstration and explanation each week, learners will follow Rama’s recipes to produce delicious meals and be provided with handout instructions to take home.</p>				
Start Date	17 th Jan 2024	Day & Time	Wednesday 7.00-9.00pm	Venue	Comberton Village College
Tutor Details	<p>Rama Ram comes from the Southern part of India and has lived in Great Britain for many years. She has tutored various types of Indian Cookery courses for the past 36 years, in and around Cambridge. Rama is also a tutor at Denman College (WI – Oxford) and is a speaker for many WI federations.</p>				
No. of wks	5	Terms		1	
Fee	£63	Concessionary Fee		£47	
Course Level:	Mixed ability			x	
	Level 1, Level 2 (equiv. to GCSE / NVQ2)				
	Level 3 Equivalent GCE A Level				
Skills or qualifications needed for entry into the class			Suitable for all who are keen to learn about and enjoy Indian food.		
Course aims & objectives					
<ul style="list-style-type: none">• Learn to cook pure vegetarian Indian food using herbs and spices, along with rice and lentils.• Learn how to prepare and when to use various spices in order to achieve the subtle authentic home cooked taste of India.• Gain the confidence to use spices and be creative when cooking Indian food in the future.					
Progression – after this course what might you do next?					
Rama is also teaching an Indian Cookery Day School at Comberton VC on 20 th March and an Indian Cookery made simple weekly course at Cambourne VC starting on 18 th January. Please contact the Adult Education Office or visit our website for further details.					

How progress & success will be recorded	
Tutor feedback.	
Materials/equipment required for first class	A list of ingredients and equipment will be emailed to you about two weeks before the workshop. Please bring a packed lunch and drinks.
Contact for further information	Adult Education: 01223 264721 commed@catrust.co.uk

Enrolment and Payment

Please enrol at Comberton Village College for all courses, including those in Cambourne, Melbourn and online. **Please assume the class is running once payment has been received, unless you hear to the contrary.**

We would appreciate payment of fees over the telephone by debit card to avoid contact, however, if that is not possible then we will accept cheque or cash.

By Phone: 01223 264721
 Email: commed@combertonvc.org
 Cheques: The Cam Academy Trust
 Address: Adult Education, Comberton Village College
 Comberton, Cambridge, CB23 7DU
 In person: Please bring payment to Reception
 9.15am – 2.00pm Mon-Thurs
 6.45pm – 9.15pm Weds, term time only

Refunds

Refunds are only available if we close a class or you withdraw at least two weeks before the start. In the latter case there is a £5 administrative charge. Classes cancelled by us due to unforeseen circumstances (e.g. tutor illness) will be replaced with an extra class at the end.

Concessionary Fees

25% discount (excluding materials) is available for those in receipt of JSA/ESA, Universal Credit, Carers Allowance or a social care assessment (EHCP, PIP) evidence to be provided. It is also possible to pay by instalments, please ask for details.

Calendar (Please check start date of specific courses)

Autumn Term Half term 23rd – 27th Oct 2023
 Spring Term Half term 19th – 23rd Feb 2024
 Summer Term Half term 27th May – 31st May 2024

During the summer holiday period a member of staff will pick up messages each week and return calls and emails. We are closed in other school holidays.

Equalities statement

We are fully committed to equality of opportunity and welcome enrolments from all adults aged 19+ (on 31 August 2020). We positively encourage all learners with any concerns about specific needs which might affect their learning to discuss their requirements with us in confidence. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect. We will do our best to ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all learners can access activities.

Cambridgeshire County Council, Adult Learning and Skills service supports a wide range of other adult learning opportunities across Cambridgeshire to support adults with the lowest level of qualifications or no qualification at all, and so typically find themselves in lower paid, less secure jobs or unemployed. Search our website **www.cambsals.co.uk** for details of all our funded courses.

Safeguarding Statement

Arrangements have been made to make sure that you are safe at our Centres. If you feel you are not safe for any reason, for example through verbal or physical abuse or you have been discriminated against, please tell your tutor or the Centre Manager, who will investigate to ensure your safety.

How we use your data

<https://www.gov.uk/government/publications/esfa-privacy-notice>