

# CAM ACADEMY TRUST COURSE INFORMATION

Course Title	Simple Indian Cookery				
Course Description	Many people outside India think – 'Indian food is hot curry'. Here is an excellent opportunity to learn about authentic Indian cooking. You will learn how to use various herbs and spices to achieve subtle authentic flavours. Each dish is explained and demonstrated step-by-step for you to follow. You will be preparing some curries with delicious gravies using chicken, lamb and fish (vegetarians catered for) rice dishes, breads, lentils and snacks too.				
Start Date	4 <sup>th</sup> Oct 2023	Day & Time	Wednesday 19.00-21.00	Venue	Comberton Village College
Tutor Details	<b>Rama Ram</b> comes from the Southern part of India and has lived in Great Britain for a long time. She has tutored various types of Indian Cookery for the past 36 years, in and around Cambridge. Rama is also a tutor at Denman College (WI – Oxford) and is a speaker for many WI federations.				
No. of wks	3	Terms		1	
Fee	£38	Concessionary Fee		£29	
Course Level:	Mixed ability Level 1, Level 2 (equiv. to GCSE / NVQ2) Level 3 Equivalent GCE A Level				X
Skills or qualifications needed for entry into the classJust a keen interest to learn about and enjoy creatin tasty Indian food.					
Course aims & objectives					
You will learn about all spices: when to use them, why we use them and how to use them. Learn to cook					

You will learn about all spices: when to use them, why we use them and how to use them. Learn to cook perfect flavoured rice, delicious curries with lovely gravy and some Indian breads and snacks too. Gain the confidence to use spices and be creative. Learn the art of spices with practical experience.

# Progression – after this course what might you do next?

Rama is also teaching weekly Indian cookery courses at both at Cambourne and Melbourn Village Collegse throughout the year as well as some weekend workshops. Please contact the Adult Education office or visit our website for further details.

# How progress & success will be recorded

Feedback from tutor and cooked dishes.

# Additional course costs (e.g. visits, materials, books, equipment)

You need to bring ingredients on a weekly basis, the tutor will provide you with a list each week.

Materials/equipment required for first class	A list of ingredients and equipment will be sent out to all students shortly before the start of the course to cover the first week's recipes.		
Contact for further information	Community Education: 01223 264721 commed@catrust.co.uk		

### Enrolment and Payment

Please enrol at Comberton Village College for all courses, including those in Cambourne, Melbourn and online. Please assume the class is running once payment has been received, unless you hear to the contrary.

We would appreciate payment of fees over the telephone by debit card to avoid contact, however, if that is not possible then we will accept cheques.

By Phone: 01223 264721

Email: commed@catrust.co.uk

Cheques: The Cam Academy Trust

Address: Adult Education, Comberton Village College

Comberton, Cambridge, CB23 7DU

#### Refunds

Refunds are only available if we close a class or you withdraw at least two weeks before the start. In the latter case there is a  $\pm 5$  administrative charge. Classes cancelled by us due to unforeseen circumstances (e.g. tutor illness) will be replaced with an extra class at the end.

#### **Concessionary Fees**

25% discount (excluding materials) is available for those in receipt of JSA/ESA, Universal Credit, Carers Allowance or a social care assessment (EHCP, PIP) evidence to be provided. It is also possible to pay by instalments, please ask for details.

During the summer holiday period a member of staff will pick up messages each week and return calls and emails. We are closed in other school holidays.

#### **Equalities statement**

We are fully committed to equality of opportunity and welcome enrolments from all adults aged 19+ (on 31 August 2023). We positively encourage all learners with any concerns about specific needs which might affect their learning to discuss their requirements with us in confidence. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect. We will do our best to ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all learners can access activities.

Cambridgeshire County Council, Adult Learning and Skills service supports a wide range of other adult learning opportunities across Cambridgeshire to support adults with the lowest level of qualifications or no qualification at all, and so typically find themselves in lower paid, less secure jobs or unemployed. Search our website **www.cambsals.co.uk** for details of all our funded courses.

## Safeguarding Statement

Arrangements have been made to make sure that you are safe at our Centres. If you feel you are not safe for any reason, for example through verbal or physical abuse or you have been discriminated against, please tell your tutor or the Centre Manager, who will investigate to ensure your safety.

#### How we use your data

https://www.gov.uk/government/publications/esfa-privacy-notice