

# **CAM ACADEMY TRUST COURSE INFORMATION**

Course Title	THALI Indian cookery				
Course Description	'Thali' is a special plate of food, served during Indian festivals. In this course we will be preparing the menu using Indian spices and herbs. The tutor will explain and demonstrate each dish for you to follow and prepare on your own and to then take home to share with family and friends. The course includes various dishes including rice, chicken or lamb, vegetable curry, some lentil dishes- dhal, and breads. You will also be making some delicious snacks like samosas and onion bhajis.				
Start Date	1 <sup>st</sup> May 2024	Day & Time	Wednesday 19:00 – 21:00	Venue	Comberton Village College
Tutor Details	Rama Ram comes from the Southern part of India and has lived in Great Britain for many years. She has tutored various types of Indian Cookery courses for the past 36 years, in and around Cambridge. Rama is also a tutor at Denman College (WI – Oxford) and is a speaker for many WI federations.				
No. of wks	4	Terms		1	
Fee	£50	Concessionary Fee		£38	
Course Level:	Mixed ability			х	
	Level 1, Level 2 (equiv. to GCSE / NVQ2)				
Level 3 Equivalent GCE A Level					
Skills or qualifications needed for entry into the class			Keen to learn real Indian food preparation and enjoy creating and eating tasty, healthy food.		

## Course aims & objectives

You will learn to prepare tasty Indian food using herbs and spices to suit to your taste and share with family and friends. Each dish is explained and demonstrated step-by-step, allowing you to follow and cook the dishes with the authentic flavours.

# Progression – after this course what might you do next?

Rama also runs weekly courses at both Cambourne and Melbourn Village Colleges and Saturday day schools. Please contact the Adult Education office or visit our website for further details.

## **How progress & success will be recorded**

Feedback from the tutor and completion of the dishes.				
Materials/equipment required for first class	A list of ingredients and equipment will be sent out to all students shortly before the start of the course to cover the first week's recipes.			
Contact for further information	Adult Education: 01223 264721 commed@catrust.co.uk			

## **Enrolment and Payment**

Please enrol at Comberton Village College for all courses, including those in Cambourne, Melbourn and online. Please assume the class is running once payment has been received, unless you hear to the contrary.

We would appreciate payment of fees over the telephone by debit card to avoid contact, however, if that is not possible then we will accept cheques.

By Phone: 01223 264721

Email: commed@catrust.co.uk
Cheques: The Cam Academy Trust

Address: Adult Education, Comberton Village College

Comberton, Cambridge, CB23 7DU

### Refunds

Refunds are only available if we close a class or you withdraw at least two weeks before the start. In the latter case there is a £5 administrative charge. Classes cancelled by us due to unforeseen circumstances (e.g. tutor illness) will be replaced with an extra class at the end.

#### **Concessionary Fees**

25% discount (excluding materials) is available for those in receipt of JSA/ESA, Universal Credit, Carers Allowance or a social care assessment (EHCP, PIP) evidence to be provided. It is also possible to pay by instalments, please ask for details.

**Calendar** (Please check start date of specific courses)

Autumn Term Half term 23<sup>rd</sup> – 27<sup>th</sup> Oct 2023 Spring Term Half term 19<sup>th</sup> – 23<sup>rd</sup> Feb 2024 Summer Term Half term 27<sup>th</sup> May – 31<sup>st</sup> May 2024

During the summer holiday period a member of staff will pick up messages each week and return calls and emails. We are closed in other school holidays.

#### **Equalities statement**

We are fully committed to equality of opportunity and welcome enrolments from all adults aged 19+ (on 31 August 2023). We positively encourage all learners with any concerns about specific needs which might affect their learning to discuss their requirements with us in confidence. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect. We will do our best to ensure that resources and

equipment are accessible to all and make reasonable adjustments to ensure that all learners can access activities.

Cambridgeshire County Council, Adult Learning and Skills service supports a wide range of other adult learning opportunities across Cambridgeshire to support adults with the lowest level of qualifications or no qualification at all, and so typically find themselves in lower paid, less secure jobs or unemployed. Search our website **www.cambsals.co.uk** for details of all our funded courses.

### Safeguarding Statement

Arrangements have been made to make sure that you are safe at our Centres. If you feel you are not safe for any reason, for example through verbal or physical abuse or you have been discriminated against, please tell your tutor or the Centre Manager, who will investigate to ensure your safety.

#### How we use your data

https://www.gov.uk/government/publications/esfa-privacy-notice