

# **CAM ACADEMY TRUST COURSE INFORMATION**

Course Title	Indian Dancing & Bollywood Exercise				
Course Description	Bollywood Dancing is a delicious blend of Classical, Folk, Film-style (Bollywood) and Fusion Dance. It is great for fitness and is danced to upbeat music with beautiful melodies and enticing rhythms. You can wear any loose clothing and although dancers are usually barefoot, dance shoes can be worn, too. This is a mixed ability class.				
Start Date	11 <sup>th</sup> November 2024	Day & Time	Saturday 11.30-13.00	Venue	Melbourn Village College
Tutor Details	Vidya Math is a Cambridge-based dancer, trained in Glasgow by the Asian Artists Association. She teaches various forms of Indian Dance encompassing classical Kathak, regional Bhangra, Bollywood styles and Contemporary Indian Dance forms, including Fusion.				
No. of wks	1	Terms		1	
Fee	£15	Concessionary Fee		£11	
Course Level:	Mixed ability			х	
	Level 1, Level 2 (equiv. to GCSE / NVQ2)				
	Level 3 Equivalent GCE A Level				
Skills or quali entry into the		ded for	None required		

# **Course aims & objectives**

The course offers the opportunity to learn:

- basic footwork
- spin techniques
- hand movements
- expressions in dance
- dance routines to Fusion and film music

## How progress & success will be recorded

After each piece of teaching, Vidya will check to ensure the teaching has been understood and that the students can comfortably translate it into dance. Vidya will make sure students are picking up the dance routines successfully and provide additional teaching and guidance as required.

Additional course costs (e.g. visits, materials, books, equipment)				
Flexible or loose clothing, which does not restrict movement. At times, you may be asked to use a long scarf. Dancing will be barefoot, but dance shoes can also be worn.				
Materials/equipment required for first class	The dancing is barefoot, but you may wish to bring dance shoes.  Dancing in socks or tights is not permitted without dance shoes.  There will be no refreshments available on site so please bring a water bottle with you.			
Contact for further information	Adult Education: 01223 264721 <a href="mailto:commed@catrust.co.uk">commed@catrust.co.uk</a>			

### **Enrolment and Payment**

Please enrol at Comberton Village College for all courses, including those in Cambourne, Melbourn and online. Please assume the class is running once payment has been received, unless you hear to the contrary.

We would appreciate payment of fees in person at Comberton by debit card, however, if that is not possible then we will accept cash/cheques.

Cheques: The Cam Academy Trust

Address: Adult Education, Comberton Village College

Comberton, Cambridge, CB23 7DU

#### Refunds

Refunds are only available if we close a class or you withdraw at least two weeks before the start. In the latter case there is a £5 administrative charge. Classes cancelled by us due to unforeseen circumstances (e.g. tutor illness) will be replaced with an extra class at the end.

#### **Concessionary Fees**

25% discount (excluding materials) is available for those in receipt of JSA/ESA, Universal Credit, Carers Allowance or a social care assessment (EHCP, PIP) evidence to be provided. It is also possible to pay by instalments, please ask for details.

**Calendar** (Please check start date of specific courses)

Autumn Term Half term 23<sup>rd</sup> – 27<sup>th</sup> Oct 2023 Spring Term Half term 19<sup>th</sup> – 23<sup>rd</sup> Feb 2024 Summer Term Half term 27<sup>th</sup> - 31<sup>st</sup> May 2024

During the summer holiday period a member of staff will pick up messages each week and return calls and emails. We are closed in other school holidays.

### **Equalities statement**

We are fully committed to equality of opportunity and welcome enrolments from all adults aged 19+ (on 31 August 2023). We positively encourage all learners with any concerns about specific needs which might affect their learning to discuss their requirements with us in confidence. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect. We will do our best to ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all learners can access activities.

Cambridgeshire County Council, Adult Learning and Skills service supports a wide range of other adult learning opportunities across Cambridgeshire to support adults with the lowest level of qualifications or no qualification at all, and so typically find themselves in lower paid, less secure jobs or unemployed. Search our website **www.cambsals.co.uk** for details of all our funded courses.

## **Safeguarding Statement**

Arrangements have been made to make sure that you are safe at our Centres. If you feel you are not safe for any reason, for example through verbal or physical abuse or you have been discriminated against, please tell your tutor or the Centre Manager, who will investigate to ensure your safety.

## How we use your data

https://www.gov.uk/government/publications/esfa-privacy-notice